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*Five*Dinners

**FREE FOR ALL  
THREE RIVERS  
RESIDENTS!**

**USUALLY £86 PER YEAR - NOW FREE  
- YOU'LL NEVER BE CHARGED!**

# Get **FREE** meal plans

**Fed up of deciding  
what to cook every night?**

**Want to save money  
on food shopping?**

**Want to eat healthier?**

*Then this is for you!*

Every week you'll get:

**Personalised meal plan**

**Smart shopping list**

**Access to chef hotline**

**Join over 40,000 others  
enjoying dinner!**



Scan the QR code or visit the link to get instant access:  
[FiveDinners.com/MyCommunity](https://FiveDinners.com/MyCommunity)

