

BEST START FAMILY HUB:

FAMILY FUN* AND

INFORMATION EVENT



WITH THE BETTER HEALTH BUS

**Do you have a child starting school or nursery?
Join us for a FREE fun event to help prepare you.**

ACTIVITIES

- ✓ Family Fun session
- ✓ Active Rhyme Time
- ✓ Workshops and practical advice from partners on: oral health, toilet training, SEND and healthy eating

EVENT DATE

**THURSDAY
28TH MAY
10AM – 1PM**

**WESTFIELD & LITTLEBURY
FAMILY CENTRE
WATFORD, WD18 6NS**

*For families with children aged 0-5 (older siblings up to age 8 are welcome).